Policy & Programs

Mark your Calendars!
UCR’s Bi-Weekly Pay Conversion will occur on January 20, 2013
The University of California has embarked on a plan to deploy a single payroll and human resources information system across all campuses and medical centers; this project is known as UCPath. As a result, all UC campuses have or will be converting all non-exempt employees (hourly and salaried) and readers and tutors to bi-weekly pay cycles. All other academic employees and exempt staff will remain on monthly pay schedules. Employees should mark February 1, 2013, as a partial monthly paycheck date! More information can be found on the website listed below.

» Bi-weekly Pay Conversion website

Education & Development

Performance Management I: The Performance Management Process – 12/18/12
This class will cover the elements of the UCR performance management cycle including planning for performance, coaching and managing performance, and conducting the performance appraisal.

» Register at UC Learning

SRSS: Supporting the Recruitment and Selection Process – 12/19/12
This workshop is for individuals who administratively support the hiring manager in any part of the recruitment and selection process.

» Register at UC Learning

SRSS: Recruitment and Selection Strategies for Hiring Managers – 1/9/13
This workshop reviews the complete recruitment and selection process.

» Register at UC Learning

Performance Management II: Providing Constructive Feedback – 1/15/13
The purpose of this course is to provide skills that will enable participants to give constructive feedback in a way that builds openness and mutual respect, and promotes problem solving and learning.

» Register at UC Learning

MEI: Moving Toward Multicultural Competence – 1/17/13
This highly interactive, introductory workshop develops the awareness, knowledge, and skills needed to promote diversity throughout UCR in general and within our units and organizations in particular.

» Register at UC Learning
**FREE Software Training Available Thru Lynda.com**

Lynda.com is an online software training library available to all staff and faculty through R'Space under Authorized Applications. Lynda.com provides courses and video tutorials on a wide variety of software and technology topics such as Microsoft Office, Adobe software, SharePoint, personal computers, application development, web and graphic design, and much more.

» [Read more](#)

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**Workplace Health & Wellness**

**Healthy Habits for a Lifetime**
8 week program starts January 17 – March 7, 2013

Are you ready for a new you? Whether it’s eating right, exercising, quitting smoking, or managing stress, this program will allow you the opportunity to create realistic resolutions, set goals, and change behaviors. Receive tools, resources, and motivation to establish lifelong healthy habits and break old “bad habits”. Kick-off is **January 17th from 12 – 1:00 p.m. in HUB 269** with weekly Thursday sessions. Details coming soon!

**MobileFit: Bringing Fitness to You**
Sessions Run January 7 – March 15, 2013

Join an existing MobileFit session. We have 20 groups throughout campus.

» [Read more](#)

**StayWell Health Assessment 2013**
The StayWell Health Assessment is available to help make positive behavior changes towards a healthier lifestyle. Beginning January 15, 2013, UC will provide a $100 gift certificate to each eligible employee and retiree and a $50 gift certificate to eligible spouses/domestic partners who complete the two-step process:

1. **StayWell Health Assessment** — complete by June 15, 2013.

» [Read more](#)