Human Resources Has Moved

We are excited to announce that several Human Resources units have moved into their new home and are now located at: University Village, 1201 University Avenue (across from UNEX), 2nd fl, Riverside, Ca 92507. Learn more

Affirmative Action

New Interim Director of Affirmative Action - Lorena Velasquez

We are very pleased to announce that Lorena Velasquez has agreed to serve as Interim Director of Affirmative Action, effective immediately. Lorena will continue in her role as Talent Acquisition Manager in HR. In addition to her deep expertise in talent acquisition acquired while leading specialized and niche recruitment efforts for an international technology company, Lorena’s career also includes many years of responsibility for key affirmative action responsibilities. Learn more

Workplace Health & Wellness

2014 American Heart Association Platinum-Level Fit-Friendly Worksite Award

This award recognizes employers who champion the health of their employees and work to create a culture of health in the workplace. This recognition demonstrates UCR’s efforts and leadership in making wellness a priority. Learn more

UCR Farmshare – 10-Week Summer Program
June 25 – August 27, 2015

UCR Farmshare is a Community Supported Agriculture (CSA) Program - a convenient way for UCR faculty, staff, and students to purchase fresh, local, and healthy produce directly from a farmer. UCR Farmshare is a pre-paid subscription to locally grown fruits and vegetables that can be picked up weekly in a Farmers’ Market style environment, right on the UCR campus. Learn more

Fit for Life Physical Activity Challenge
July 15 – August 28, 2015

A 6-week physical activity challenge to encourage all UCR faculty and staff to move more. Participants can join as individuals or pairs (teams of 2). Minutes of physical activity will be tracked to earn rewards. Details coming soon!

Become a Wellness Ambassador

Wellness Ambassadors serve a critical role to help create a healthy culture and serve as a liaison between their department and the UCR Faculty and Staff Wellness Program. If you would like to join, please contact Julie Chobdee. Learn more

Menu of Services

Learn about an exciting array of innovative health and wellness selections offered by the UCR Faculty/Staff Wellness Program and Ergonomics Program. Learn more

Continuing Health & Wellness Events and Programs
• **Walk and Talk with Leadership Series 2015**: A monthly 30-minute walk and talk with UCR leadership. All walks will meet at the *Scotty the Bear statue*. **Thursday, July 16** – Yunzeng Wang, Dean of the School of Business Administration (SoBA). [Learn more](#)

• **Gentle Yoga Practices with Diane / Summer Quarter 2015**: Diane Del Buono, Associate of the Chancellor, will lead gentle yoga poses. [Learn more](#)

• **UC Living Well – Wellness Benefit/Incentive Program**: Sponsored by Optum Health, find out if you are eligible to earn a $75 gift card by participating in a variety of wellness activities. [Learn more](#)

• **On-Line AIR (Approach, Inform, Refer) Training**: Learn about and communicate the Smoke/Tobacco-Free policy at UCR. To arrange for training, please contact [tobaccofree@ucr.edu](mailto:tobaccofree@ucr.edu).

• **Guide to Wellness**: The UCR Faculty/Staff Wellness Program supports your efforts to live a healthy lifestyle and provides tools, resources, and programs to help you in every step of your wellness journey. [Learn more](#)