Human Resources Move is Complete

The Human Resources move is now complete with the relocation of Compensation to University Village, Suite 200, 1201 University Avenue (across from UNEX), 2nd fl, Riverside, Ca 92507. [Learn more]

New Learning Management System Administrator – Tracy Medrano

We are pleased to announce that Tracy Medrano has joined the HR team as the new Learning Management System Administrator. Tracy brings to UCR seven years of experience with Learning Management Systems (LMS), on-line course development, and training facilitation experience. [Learn more]

Benefits

Balancing Work and Family Life Workshop Series
September 24 – December 2, 2015

Balancing Work and Family Life is a four-part brown bag series developed by Human Resources for UCR faculty and staff. This workshop series is designed to support families by providing information on pregnancy disability benefits, nutrition and health, time and stress management, and preparing your child for college. [Learn more]

Planning for the Future Workshop Series
September 30 – November 12, 2015

Planning for the Future is a four-part series developed by Human Resources for UCR faculty and staff. This series is designed to provide useful information on how to plan for a successful and satisfying retirement. Topics covered include: UC Retirement Benefits, the development of a Living Will, Standard Will and a Living Trust, the UC Retirement Savings Plan, and the overall fundamentals of retirement income planning for younger adults. [Learn more]

Compensation

Chancellor Wilcox Announces 2015/16 Non-Represented Staff Salary Program

The University of California is implementing a 3% salary program for nonrepresented staff for FY2015-16. After several years of budgetary uncertainty we are again able to plan for regular pay increases for nonrepresented staff for the next four years. [Learn more]

To view the 2015/16 Merit Salary Program Guidelines, please [click here].

Education & Development

Performance Management: Developing Others
September 15, 2015

The purpose of this course is to provide participants with the skills they need to help others expand their capabilities to have the confidence to take on new challenges and work more independently.

Giving Recognition
September 17, 2015
This class will teach managers to recognize and reinforce positive behaviors so they can encourage and reinvigorate their staff.

» Register at UC Learning

Workplace Health & Wellness

Rejuvenate
September 1 – 30, 2015
Rejuvenate is a 30-day challenge to help you manage life challenges through stress management activities, resources, and events. Complete as many activities on your calendar during the month of September to earn rewards. Learn more

Fit for Life Physical Challenge
July 15 – August 29, 2015
It’s not too late to join! A 6-week physical activity challenge to encourage all UCR faculty and staff to move more. Join as an individual or a pair (teams of 2). Minutes of physical activity will be tracked to earn rewards. Learn more

Continuing Health & Wellness Events and Programs

- **Walk and Talk with Leadership Series 2015**: Thursday, September 22 / 12:15 p.m. – Thomas Max-Smith, Dean, Graduate School of Education (GSOE). September’s walk will be held at the indoor track located in the Recreation Center South building – meet at the front desk. Learn more
- **Gentle Yoga Practices with Diane / Fall 2015**: Diane Del Buono, Associate of the Chancellor, will lead gentle yoga poses. Fall Schedule
- **UC Living Well – Wellness Benefit / Incentive Program**: Sponsored by Optum Health, find out if you are eligible to earn a $75 gift card by participating in a variety of wellness activities. Learn more
- **On-Line AIR (Approach, Inform, Refer) Training**: Learn about and communicate the Smoke/Tobacco-Free policy at UCR. To arrange for training, please contact tobacofree@ucr.edu