Mandatory UC Cyber Security Awareness Training
Deadline to complete – January 31, 2016
As part of an effort to address the increasing threats to the security of our information systems and data, the University of California is rolling out a comprehensive security awareness training program for all UC staff, faculty, and others who use UC computers or applications. Learn more

Project and Process Management for Maximum Results
Two-day course / March 8 & 10, 2016 – Register Now! Space is limited.
This course examines how to map out and set-up basic project and process management strategies to improve productivity and outcomes. Learn more

Leading Change and Managing Transition
Two-day course / March 8 & 9, 2016
This course will guide you through the steps of effectively leading change efforts as well as managing the transition that occurs to people. Please see full description for recommended audience. Learn more

Education & Development

Coaching for Performance/Difficult Performance
January 27, 2016
In this highly interactive course, participants will learn how to approach a difficult conversation with a subordinate and turn it into a coaching opportunity. Case studies and scenarios will be provided to practice communication techniques.

Performance Management: Planning for Performance Discussions
January 28, 2016
This workshop will provide participants with the skills and tools to prepare for performance-related discussions that can lead to increased productivity, collaboration, and the achievement of goals.

ADA/FMLA/Disability Management
February 3, 2016
Essential aspects of the federally-required FMLA and ADA compliance and best practices will be discussed as well as a supervisor’s obligations and responsibilities when an employee becomes injured, disabled, or if they become ill.

VMF: Veterans, Military Members, and Families Group Luncheon
February 5, 2016
VMMFG provides an opportunity for veterans, members of the military, and members of military families within the UCR campus community to connect and network.

Performance Management: Clarifying Performance Expectations
February 9, 2016
This workshop will give managers the skills to discuss performance expectations with their employees in a way that gains their commitment.

Recruitment, Hiring, and Retaining Staff
February 12, 2016
This course will focus on effective recruiting strategies and help the supervisor learn how to avoid the typical pitfalls of hiring.

**Giving Recognition**  
**February 17, 2016**

This class will teach managers to recognize and reinforce positive behaviors so they can encourage and reinvigorate their staff.

» Register at UC Learning

**Workplace Health & Wellness**

**Mission Possible3**  
**Kick-off – January 21, 2016 / 12:00 – 1:00 p.m. / HUB 302 North**

Back by popular demand, this 8-week team challenge emphasizes creating new healthy habits. Weekly transmissions from your wellness team will assign “confidential” missions for your team of “secret agents” to complete. Earn the chance to win team prizes! [Download the flyer](#).

**Walk and Talk Leadership Series 2016**  
**Monday, January 25, 2016 / 12:15 p.m.**

The [Walk and Talk Leadership Series](#) kicks off with [Paul D'Anieri, Provost and Executive Vice Chancellor](#) who will talk about plans for the future of the Riverside Campus. [Learn more](#)

**Continuing Health & Wellness Events and Programs**

- **Winter 2016 MobileFit / January 11 – March 18, 2016**: Participate in a convenient on-site and free fitness program. [Learn more](#)

- **Relaxation Yoga Practices with Diane / Winter 2016**: Diane Del Buono, Associate of the Chancellor, will lead gentle yoga poses. [Learn more](#)

- **FarmShare / January 14 – March 17, 2016**: UCR FarmShare, a pre-paid subscription to locally grown fruits and vegetables that can be picked up weekly in a Farmers’ market style environment on the UCR campus. [Sign Up](#) here.