University of California Regents Approve New Retirement Program for Future Employees

The UC Board of Regents approved a new retirement program for future UC employees, as part of a broader effort to maintain the university’s excellence and sustain its long-term financial health. The new retirement program includes a cap on pensionable earnings for UC employees hired on or after July 1, 2016. Learn more

UC Sexual Violence and Sexual Harassment Prevention Training for Staff
Mandatory for staff at all UC locations / Must be completed by May 1, 2016

This course is being offered as part of the University’s efforts to prevent and respond to sexual violence and sexual harassment, and will better prepare all of us to make UC a safer place for faculty, staff, and students. The training will take approximately 50 minutes to complete. To access the course, please click here.

Project and Process Management for Maximum Results
April 26 & 28, 2016 / 2-day course

This six-hour course is delivered in two three-hour sessions and examines how to map out and set up basic project and process management strategies to improve productivity and outcomes. Learn more

Benefits

Focus on Your Future

UC’s retirement benefits website has a new look and name. Additional enhancements include having all of the retirement plan features located in one place; with a dynamic delivery of news, workshops, webinars, and tools. Visit www.myucretirement.com for more information.

Women & Investing Workshop Series
Tuesday, May 24, 2016 / 12 – 1:00 p.m.

Women & Investing is a three-part series developed to provide useful information to women on how to create a successful investment strategy. This upcoming workshop is the third part of this series and will focus on Retirement Income Planning on Your Own. Learn more

Education & Development

(BBC) PMC: Prevent, Assess, Manage, and Defuse Workplace Conflict
April 19, 2016

Description: Supervisors will be provided with tools and resources to prevent, assess, manage, and resolve workplace conflict.

(BBC) Minimizing Risk
April 19, 2016

Description: Learn about the common types of fraud at UCR, how to recognize them, and the controls to minimize fraud risk including highlights of the UC Whistleblower Policy.

AEO: Affirmative Action/Equal Opportunity 101
April 21, 2016

Description: This Making Excellence Inclusive (MEI) workshop will provide a primer on the fundamentals of affirmative action and equal opportunity.
VMF: Veterans, Military Members and Families Group Luncheon  
May 6, 2016  
Description: A networking opportunity for members of the military and members of the military families within the UCR campus community.

(BBC) Collaboration, Communication, and Team Building  
May 11, 2016  
Description: This workshop will cover the various stages of team building, the dynamics of a team, as well as communication and collaboration theories.

CIV: Creating an Inclusive Environment for Veterans and Military Members  
May 23, 2016  
Description: Learn about inclusive practices unique to this group that touch on areas such as interviewing, assimilation, engagement, and retention.

» Register at UC Learning

Workplace Health & Wellness

Healthy Vending Treasure Hunt  
April 18 – May 18, 2016  
Join the “Well Within Reach” treasure hunt and try to locate as many of the healthy snack vending machines throughout campus to earn rewards. Learn more

Walk and Talk Leadership Series 2016  
Thursday, April 28, 2016 / 12:15 p.m.  
The Walk and Talk Leadership Series continues with Chancellor Kim A. Wilcox. Come join Chancellor Wilcox for some fresh air and a short walk on our beautiful campus.

7th Annual UC Walks  
Wednesday, May 18, 2016 / 11:30 a.m. – 1:30 p.m. / UCR Outdoor Track  
Join members of the UCR leadership team, faculty, staff, and students in this annual fun day of activity. Earn a chance to win prizes, receive healthy refreshments and giveaways, and show off your favorite sports team or fitness attire! Learn more

Continuing Health & Wellness Events and Programs

- Spring 2016 MobileFit / through June 17, 2016: Participate in a convenient on-site and free fitness program. Learn more
- Relaxation Yoga Practices with Diane / Spring 2016: Diane Del Buono, Associate of the Chancellor, will lead gentle yoga poses. Learn more
- FarmShare / through June 9, 2016: UCR FarmShare, is a pre-paid subscription to locally grown fruits and vegetables that can be picked up weekly in a Farmers’ market style environment on the UCR campus. Sign up now