National Disability Employment Awareness Month

The Department of Labor designates the month of October as National Disability Employment Awareness Month. University of California, Riverside (UCR) Human Resources is planning three National Disability Employment Awareness Month (NDEAM) events to raise awareness about disability employment issues and to celebrate the contributions of America’s workers with disabilities to staff, faculty, students and the community. Learn more

Making Excellence Inclusive (MEI)
a UCR Diversity Certificate Program
November 2016 – May 2017

MEI is a six-month program in which participants learn about the complexities of UCR’s diversity challenges. Program participants research, analyze and apply their new knowledge to actual situations in the UCR work environment. Learn more

Balancing Work and Family Life
September – December 2016

Balancing Work and Family Life is a four-part brown bag series designed to support families by providing information on health and nutrition, time and stress management, and preparing your child for college. Learn more

Walk and Talk with UCR Leadership
September 15, 2016

The Walk and Talk Leadership Series continues with Diane Del Buono, Associate of the Chancellor and Milagros Peña, Dean of the College of Humanities, Arts and Social Sciences (CHASS). Learn more

Benefits

Free Financial Education Workshops for UCR Faculty and Staff
September 19 & 22, 2016

UCR Human Resources continues to offer tools to assist faculty and staff in career-long financial planning and planning for retirement. Learn more

Open Enrollment is Coming
October 27 – November 22, 2016

UC’s annual Open Enrollment is your opportunity to review your benefits and to make changes. Stay tuned for more information.
Performance Management: Developing Others

September 13, 2016

Supervisors are provided with the tools and skills to help others expand their capabilities and improve their confidence so they can take on new challenges and work more independently.

UCR Professional Development Courses – September 2016

Please visit the Professional Development Calendar to view the full offering of courses.

Registration for these courses is required through the Learning Management System (LMS).

Workplace Health and Wellness

Become a UCR Wellness Ambassador

Wellness ambassadors play a vital role in supporting the promotion of health and wellness among UCR faculty and staff. As an ambassador, you will act as a liaison between your department and the UCR Faculty and Staff Wellness Program. Learn more

Relaxation Yoga Practices with Diane

September 6 – December 22, 2016

Diane Del Buono, Associate of the Chancellor will lead gentle yoga poses. Learn more

Summer FarmShare / through September 15

UCR FarmShare is a Community Supported Agriculture (CSA) program that offers locally grown fruits and vegetables direct from neighborhood farmers in a Farmers’ Market-style environment on the UCR campus. Learn more

Please visit the HR Monthly Digest Archive for past issues.

How did we do? Please take a brief moment to fill out the Human Resources Feedback Survey.