National Disability Employment Awareness Month

The Department of Labor designates the month of October as National Disability Employment Awareness Month. University of California, Riverside (UCR) Human Resources is hosting three National Disability Employment Awareness Month (NDEAM) events to raise awareness about disability employment issues and to celebrate the contributions of America’s workers with disabilities to staff, faculty, students and the community. Learn more

Walk & Roll
A healthy celebration of NDEAM!
October 7, 2016
Join UCR leadership, representatives from the City of Riverside, the California Dept. of Rehabilitation (DOR) and other community partners in celebration of National Disability Employment Awareness Month (NDEAM). Learn more

Balancing Work and Family Life
October 13, 2016
Balancing Work and Family Life is a four-part brown bag series designed to support families by providing information on health and nutrition, time and stress management, and preparing your child for college. Learn more

Making Excellence Inclusive (MEI)
a UCR Diversity Certificate Program
Application Deadline Extended
MEI is a six-month program in which participants learn about the complexities of UCR’s diversity challenges. Program participants research, analyze and apply their new knowledge to actual situations in the UCR work environment. Learn more

Equal Employment & Affirmative Action

Equal Employment & Affirmative Action
Opportunity / Access / Equity
The department formerly known as the Office of Faculty and Staff Affirmative Action has a new name which better reflects its role in ensuring UCR’s employment policies, procedures and practices work together to support equal employment opportunity for all – the department, led by Nicole Butts, is now called Equal Employment and Affirmative Action (EEAA). Visit the EEAA section of the HR website for more information.

Benefits
Free Financial Education Workshops for UCR Faculty and Staff

October 17 & 18, 2016

UCR Human Resources continues to offer tools to assist faculty and staff in career-long financial planning and planning for retirement. [Learn more](#)

Preparing for Retirement

October 18, 2016

Retirement counselors from the UC Retirement Administration Service Center (RASC) will be on hand to help you learn about your UC retirement benefits and what steps you need to take when you are ready to retire. For more information, please [click here](#).

2017 Open Enrollment is Almost Here

Enroll October 27 – November 22, 2016

UC’s annual Open Enrollment is your opportunity to review your benefits and to make changes. [Stay tuned for more information](#).

Choose well and live well

Policy

Payroll/Personnel System – Part I: Policy Training

October 11, 2016 / 8:30 – 11:45 a.m.

This training session will provide Payroll/Personnel preparers and back-up preparers with the information needed to use available university resources and verify data for entering and updating an employee's personal and payroll information on the Payroll/Personnel System.

Payroll/Personnel System – Part II: Policy for Academic Departments

October 12, 2016 / 8:30 – 11:15 a.m.

This training session will provide a review of the information covered in the Payroll/Personnel System Part I: Policy Training and will then focus on the unique responsibilities for those who handle payroll for academic personnel, graduate students and international employees.

Registration for these courses is required through the Learning Management System (LMS).

Education and Development

UCR Professional Development Courses – October 2016

Please visit the [Professional Development Calendar](#) to view the full offering of courses.

Registration for these courses is required through the [Learning Management System (LMS)](#).
Workplace Health and Wellness

Relaxation Yoga Practices with Diane

October 2016

Diane Del Buono, Associate of the Chancellor will lead gentle yoga poses. Learn more

Mobile Fit – Fall 2016

The Mobile Fit program is available for all UCR faculty and staff who are interested in participating in a convenient on-site fitness program to improve overall health and wellness. Learn more

Fall FarmShare

Through December 8, 2016

UCR FarmShare is a Community Supported Agriculture (CSA) program that offers locally grown fruits and vegetables direct from neighborhood farmers in a Farmers' Market-style environment on the UCR campus. Learn more

Please visit the HR Monthly Digest Archive for past issues.

How did we do? Please take a brief moment to fill out the Human Resources Feedback Survey.