Events & Announcements

Benefits

UCRS Workshop
This workshop is designed to provide an overview of UCRP and the UC Savings program along with an update of the current status of UCRP and the recently approved changes.

Understanding Survivor Benefits Workshop
This workshop is designed to provide details on the survivor benefits that would be available to spouses and eligible domestic partners of UCRP members who pass away while actively employed.

Accessing Your Benefits Part 1 (Medical, Dental and Vision) and Part 2 (Life, Disability and AD&D)
These workshops will identify ways to obtain the best, most cost effective use of your “benefit dollars”.

You can register for these workshops at: http://www.ucrlearning.ucr.edu/

Workplace Health and Wellness

BeWell Newsletter

UC Walks…Riverside - May 18 at 12:15 pm – Student Services Lawn
Join us for a 30 minute walk led by Dr. Karen White, Associate of the Chancellor and Tim Willette, Policy Analyst & Information Officer, Finance & Business Operations. T-shirts will be provided to the first 250 participants!

For more information and to view flyer click here.

Take Your StayWell Health Assessment to earn your $100 incentive!
UC will provide a $100 gift certificate to each eligible employee and retiree and a $50 gift certificate to eligible spouses/domestic partners who complete the Health Assessment and follow-up program. It is recommended that you take your health assessment as early as possible.

For more information click here.
Eat Well – 1:1 Nutrition Consultations
Receive a **FREE 25 minute personalized nutrition consultation** with a registered dietician who can assist you to eat healthy and meet your goals. Enroll today, appointments are limited.

For more information [click here](#).

**Policy & Programs**

**Lactation Pumps Now Available!**
Our two lactation rooms are now equipped with multi-user hospital grade Medela breast pumps.

Visit the [Human Resources – Lactation Accommodation website](#) for more information.

**Education & Development**

**Maximizing Generational Diversity - June 23 at 8:30 AM - 11:30 AM**
This workshop explores tools that can enhance the productivity in a multi-generational workplace.

Log on to the [UC Learning Center](#) to see a detailed course description and to enroll. Type the keyword “maximizing” in the search box to locate the class.