Staff Employment & Development

This workshop is for individuals who administratively support the hiring manager in any part of the recruitment and selection process.

To read a full description and enroll, login to the UC Learning Center.

Surviving and Thriving in a Changing Environment - May 17, 2012
Coping with change has become a daily event within the UC environment. This workshop is designed to provide participants with an understanding of their reactions to change and how to move from a place of resistance to commitment for the change.

To read a full description and enroll, login to the UC Learning Center.

Workplace Health and Wellness
BeWell Newsletter

3rd annual system wide UC Walks – May 23, 2012 at 11:45 am outside Student Services Building
Join us for a 20 minute walk led by Dr. Karen White, Associate of the Chancellor and Tim Willette, Finance & Business Operations. Free T-shirts, giveaways and refreshments! NEW: Participating in UC Walks will count towards an eligible employee’s StayWell follow-up program.

For more information, click here.

Take Your StayWell Health Assessment to earn your $100 incentive!
UC will provide a $100 gift certificate to each eligible employee and retiree and a $50 gift certificate to eligible spouses/domestic partners who complete the Health Assessment and follow-up program. NEW: Participating in UC Walks will count towards an employee’s follow-up program.

For more information about the StayWell Program, click here.
For more information about counting the UC Walks as your follow-up program, click here.

Become a UCR Wellness Ambassador
Orientation/Training on Tuesday, June 19 from 12 pm – 1 pm in HUB 269

What is a Wellness Ambassador? Wellness ambassadors play a vital role in supporting the promotion of health and wellness among UCR faculty and staff. As an ambassador, you will act as a liaison between your department and the UCR Faculty and Staff Wellness Program.

For more information click here.

Visit our HR Blog
SRSS: Affirmative Action - June 12, 2012
This workshop offers a primer on the fundamentals of affirmative action in employment through lecture and case studies.

To read a full description and enroll, login to the [UC Learning Center](#).

Work Leader Training - Starting July 10, 2012
This four-part course covers foundational communication and leadership skills. Sessions will address the role of the supervisor, determining appropriate leadership styles, active listening, behavioral feedback, giving instruction and coaching.

To view all dates, read a full description and enroll, login to the [UC Learning Center](#).

**Benefits**

**Fidelity Investments Workshops for Spring 2012**
UC is sponsoring several financial and retirement education classes conducted by Fidelity Retirement Services to help employees learn about investing for retirement and the steps they can take to help ensure retirement readiness. Please visit the [UC Focus on Your Future](#) website for the full list of [Spring 2012 Financial Education Classes for UC Riverside](#).

**Fidelity Investments Free Financial Education Presentations for Departments**
Fidelity Investments Senior Retirement Counselor, Jeff Crowley, is available to tailor a financial education program to meet the needs of individual departments. He is available to conduct the financial education sessions at a time and location that is convenient for the department at no cost.

For more information, [click here](#).